PAN AMERICAN ACADEMY CHARTER SCHOOL

November 2026

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
K-8 Lunch A Breaded Chicken Patty on WW Bun Banana/Cherry Sidekick Roasted Sweet Potatoes Chocolate Skim Milk K-8 Lunch B Stir Fried Brown Rice with Eggs and Vegetables Banana/Cherry Sidekikc Chocolate Skim Milk	K-8 Lunch A Cheeseburger Calzone Baked Beans Diced Peaches Chocolate Milk Early Dismissal K-8 Lunch B Veggie Burger on WW Bun Baked Beans Diced Peaches Chocolate Milk Early Dismissal	K-8 Lunch A French Toast w/ Scrambled Eggs Fresh Apple Roasted Potatoes Syrup Chocolate Milk K-8 Lunch B Beef Patty on WW Bun Fresh Apple Ketchup Roasted Potatoes Chocolate Milk	K-8 Lunch Meatballs w/ BBQ Sauce, Cheese & Broccoli Fresh Banana, WG Club Roll Chocolate Skim Milk	K-8 Lunch A Cheese Pizza Fresh Baby Carrots Raisins Ranch Dressing Chocolate Skim Milk
9 K-8 Lunch A Teriyaki Chicken w/Brown Rice & Steamed Carrots Fresh Apple Chocolate Skim Milk K-8 Lunch B Cheese Lasagna w/Tomato Sauce & Steamed Green Beans Fresh Apple Chocolate Skim Milk	**10** K-8 Lunch A Mini Turkey Corn Dogs & Smiley Fries Fresh Pear Ketchup Chocolate Milk K-8 Lunch B Toasted Cheese Sandwish Fresh Pear Ketchup Tater Tots Chocolate Milk	**11** School Closed For Studens and Staff	**12** K-8 Lunch A Meatballs w/ Tomato Sauce Spaghetti Broccoli Fresh Banana Chocolate Skim Milk K-8 Lunch B Pasta w/ Tomato Sauce & Cheese Broccoli Fresh Banana Chocolate Skim Milk	**13** K-8 Lunch Cheese Pizza Fresh Baby Carrots Raisins Ranch Dressing Chocolate Skim Milk
16 K-8 Lunch A BBQ Chicken w/ Brown Rice Pilaf Baked Beans Fresh Pear Chocolate Skim Milk K-8 Lunch B Veggie Burger on WW Bun Baked Beans Fresh Pear Mayonnaise Chocolate Milk	**17** K-8 Lunch A Turkey Hot Dog on WW Bun Diced Peaches Ketchup Roasted Sweet Potatoes Chocolate Milk K-8 Lunch B Cheese Ravioli w/Tomato Sauce & Steamed Green Beans Diced Peaches Chocolate Skim Milk	**18** K-8 Lunch Macaroni and Cheese & Steamed Broccoli Fresh Apple Chocolate Skim Milk	**19** K-8 Lunch A Turkey w/ Gravy & Mashed Potatoes WG Corn Muffin Fresh Banana Chocolate Skim Milk K-8 Lunch B Egg & Cheese English Muffin Sandwich Fresh Banana Ketchup Roasted Potatoes Chocolate Milk	**20** K-8 Lunch Italian Cheesy Pull-Aparts Fresh Baby Carrots Raisins Ranch Dressing Chocolate Skim Milk
23 K-8 Lunch A General Tso's Chicken w/ Brown Rice & Steamed Broccoli Fresh Apple Chocolate Milk K-8 Lunch B Pasta w/ Tomato Sauce & Cheese Broccoli Fresh Apple Chocolate Milk	**24** K-8 Lunch A Salisbury Steak w/ Gravy & Roasted Potatoes Fresh Pear WG Bun Chocolate Milk K-8 Lunch B Protein Pasta Alfredo & Steamed Green Peas Fresh Pear WG Dinner Roll Chocolate Milk	**25** K-8 Lunch Cheese Pizza Fresh Baby Carrots Mixed Fruit Ranch Dressing Chocolate Skim Milk Early Dismissal	**26** School Closed For Studens and Staff	**27** School Closed For Studens and Staff
30 K-8 Lunch A Breaded Chicken Tenders & Roasted Potatoes Applesauce BBQ Sauce Chocolate Milk K-8 Lunch B Toasted Cheese Sandwich Applesauce Ketchup Roasted Potatoes Chocolate Milk				

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. • This institution is an equal opportunity provider, employer and lender. • We do not recommend medical decisions regarding dietary needs be solely based on the nutrition information provided. Always consult with the staff on site if you have any questions or concerns. Nutrition information is subject to change based on menu changes and product substitutions. • For support with dietary accommodations, please contact your local school for further assistance.

PAN AMERICAN ACADEMY CHARTER SCHOOL

Breakfast, November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast - Cold Multi-Grain Cheerios, Graham Crackers, Raisins, Applesauce 1% Milk, Unflavored	**3** Brekfast - Cold Yogurt, Graham Crackers Fruit Cups 1% Mik Unflavored **Early Dismissal For Students and Staff**	**4** Breakfast - Cold WG Frosted Corn Flakes, Graham Crackers, Peach Cup, 100% Grape & 1% Milk Unflavored Breakfast - Hot Apple Frudel 100% Grape Juice Diced Peaches 1% Milk, Unflavored	**5** Breakfast - Cold Cocoa Cherry Bar, Fresh Pear, 100%Very Berry Juice 1% Milk Unflavored Breakfast - Hot Dutch Waffle 100% Very Berry Juice Fresh Pear, Syrup 1% Milk,Unflavored	**6** Breakfast - Cold WG Plain Bagel, Cream Cheese, Applesauce, 100% Orange-Tangerine Juice 1% Milk, Unflavored
9 Breakfast - Cold Cinnamon Crisp Bar, Raisins, 100%Grape Juice 1% Milk, Unflavored	**10** Breakfast -Cold Honey Cheerios, Graham Crackers ,Fresh Apple, 100%Orange-Tangerine Juice 1% Milk Unflavored Breakfast - Hot Cinnamon Bun 100% Orange Tangerine Juice Applesauce 1% Milk, Unflavored	**11** **School Closed For Students and Staff**	**12** **Breakfats Cold** Yogurt, Fresh Apple, Graham Crackers, 1% Milk, Unflavored	**13** Breakfast - Cold WG Chocolate Chip Muffin, Fresh Pear, 100% Very Berry Juice 1% Milk, Unflavored
16 Breakfast - Cold RS Cocoa Puffs, Graham Crackers, Raisins, 100% Orange-Tangerine Juice 1% Milk, Unflavored	**17** Breakfast - Cold Yogurt, Grahams Crackers Fresh Apple, Fruit Cup 1% Milk,Unflavored Breakfast - Hot Apple Frudel 100% Apple Juice Mixed Fruit 1% Milk, Unflavored	**18** Breakfast - Cold Cocoa Cherry Bar, Fresh Pear, 100%Very Berry Juice 1% Milk,Unflavored Breakfast - Hot Sunrise Breakfast Calzone 1% Milk, Unflavored 100% Very Berry Juice Fresh Pear	**19** Breakfast - Cold WG Plain Bagel, Cream Cheese, Applesauce, 100%Orange-Tangerine Juice 1% Milk Unflavored Breakfast - Hot WG Pancakes, 100% Orange Tangerine Juice, Applesauce, Syrup 1%Milk,Unflovored	**20** Breakfast - Cold Reduced Sugar Trix, Graham Crackers, Peach Cup, 100% Grape Juice 1% Milk, Unflavored
23 Breakfast - Cold WG Cinnamon Raisin Bagel, Butter, Peach Cup, 100% Grape Juice 1% Milk, Unflavored	**24** Breakfast - Cold Honey Cheerios,Graham Crackers, Fresh Apple, 100%Orange-Tangerine Juice 1% Milk Unflavored Breakfast - Hot WG Waffles W/ 100% Orange Tangerine Juice Applesauce, Syrup 1%Milk,Unflavored	**25** Breakfast - - Cold WG Banana Muffin, Raisins, Applesauce & 1% Milk Unflavored **Early Dismissal For Students and Staff**	**26** **School Closed For Students and Staff**	**27** **School Closed For Students and Staff**
30 Breakfast - Cold WG Frosted Corn Flakes, Graham Crackers, Peach Cup, 100% Grape Juice 1% Milk, Unflavored				

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. • This institution is an equal opportunity provider, employer and lender. • We do not recommend medical decisions regarding dietary needs be solely based on the nutrition information provided. Always consult with the staff on site if you have any questions or concerns. Nutrition information is subject to change based on menu changes and product substitutions. • For support with dietary accommodations, please contact your local school for further assistance.