

Breakfast

September 2024

MON	TUE	WED	THU	FRI
2 LABOR DAY	3 Strawberry Yogurt Grab & Go Milk	4 Cinnamon Raisin Bagel w/ Butter Grab & Go Milk	5 Honey Cheerios Grab & Go Milk	6 Cherry Cocoa Bar Grab & Go Milk
9 Cinnamon Bar Grab & Go Milk	10 Strawberry Yogurt Grab & Go Milk	11 Reduced Sugar Trix Grab & Go Milk	12 Plain Bagel Grab & Go Milk	13 Blueberry Muffin Grab & Go Milk
16 Banana Muffin Grab & Go Milk	17 Strawberry Yogurt Grab & Go Milk	18 WG Frosted Corn Flakes Grab & Go Milk	19 Cinnamon Toast Crunch Grab & Go Milk	20 Cinnamon Bar Grab & Go Milk
23 Cherry Cocoa Bar Grab & Go Milk	24 Strawberry Yogurt Grab & Go Milk	25 Honey Cheerios Grab & Go Milk	26 Plain Bagel Grab & Go Milk	27 Apple Jacks Grab & Go Milk
30 Multi-Grain Cheerios Grab & Go Milk				

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Lunch Milk Choices

1% Milk

Please Note

If you have a food allergy please speak to your school nurse

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V"



LUNCH K-8

September 2024

MON	TUE	WED	THU	FRI
2 LABOR DAY	3 <i>Breaded Chicken Tenders & Roasted Potatoes</i> <i>Fresh Pears</i>	4 <i>Turkey Hot Dog with Baked Beans</i> or <i>Spanish Rice w/ Cheese & Beans, Fresh Apple</i>	5 <i>Cheese Lasagna w/ Tomato Sauce & Steamed Green Beans</i> <i>Fresh Banana & Chocolate Milk</i>	6 <i>French Bread Cheese Pizza^v</i> <i>Fresh Baby Carrots w/ Ranch Dressing</i> <i>Applesauce & Milk</i>
9 <i>Cheeseburger on WW Bun</i> <i>Roasted Sweet Potatoes</i> <i>Fresh Orange & Chocolate Milk</i>	10 <i>Turkey Salsa Bowl w/ Stewed Beans,</i> <i>Fresh Pears & Chocolate Milk</i>	11 <i>Meatballs w/ Tomato Sauce</i> <i>Spaghetti Broccoli</i> <i>Fresh Garden Side Salad</i> <i>Fresh Apple & Milk</i>	12 <i>Cheesy Crispy Chicken Biscuit</i> <i>Fresh Celery Sticks</i> <i>Fresh Banana & Milk</i>	13 <i>Cheese Pizza^v</i> <i>Fresh Baby Carrots w/ Ranch Dressing</i> <i>Raisins & Milk</i>
16 <i>Chicken Nuggets</i> <i>Baked Beans</i> <i>Fresh Oranges & Milk</i>	17 <i>Macaroni and Cheese with Broccoli,</i> <i>Fresh Pears & Chocolate Milk</i>	18 <i>French Toast w/ Scrambled Eggs, Roasted Potatoes,</i> <i>Fresh Apples & Chocolate Milk</i>	19 <i>Adobo Chicken w/ Cilantro Brown Rice & Street Corn</i> or <i>Veggie Burger on WW Bun</i> <i>Roasted Potatoes</i> <i>Fresh Banana</i>	20 <i>French Bread Cheese Pizza</i> <i>Fresh Celery Sticks</i> <i>Ranch Dressing</i> <i>Applesauce</i>
23 <i>Meatloaf w/ Gravy, Mashed Potatoes, Roll Diner, Fresh Oranges & Chocolate Milk</i>	24 <i>Spanish rice & Beans w/ Cheese, Fresh Pears & Chocolate Milk</i>	25 <i>Buffalo Chicken sandwich Or Cheese Raviolis w/ Green Beans, Celery Sticks, Fresh Apples & Chocolate Milk</i>	26 <i>Stuffed Bread Sticks, Marinara Sauce, Vegetable Juice, Fresh Banana & Chocolate Milk</i>	27 <i>Cheese Pizza, Garden Salad w/ Ranch, Cranberries Diced & Chocolate Milk</i>
30 <i>Meatballs w/ BBQ Sauce & Steamed Broccoli, Roll Diner, Fresh Oranges & Chocolate Milk</i>				

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Lunch Milk Choices

Chocolate Skim Milk

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