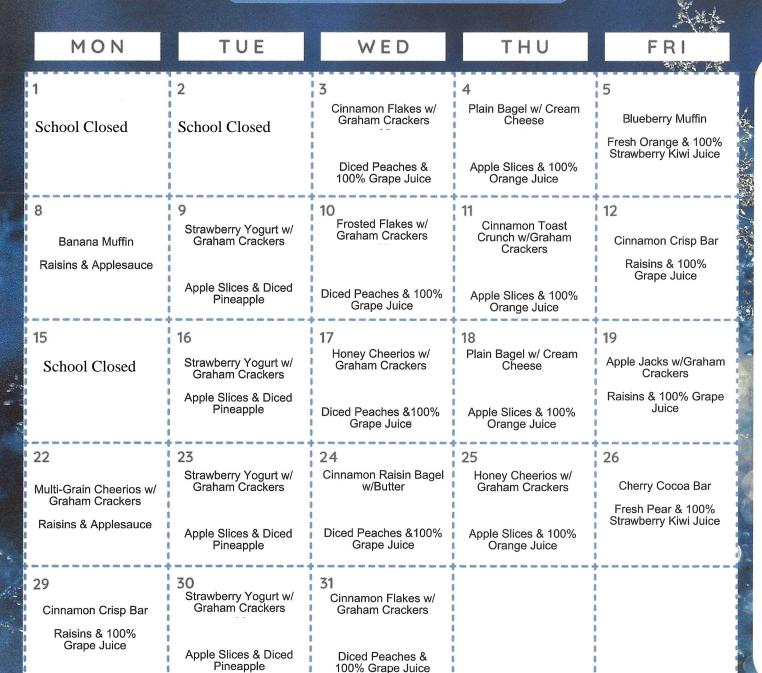
Breakfast K-12

		Service of the least of the lea				mali i							
		7 A W	1		17	AW	P	Y	ho 1		w I	7, 8	
		-	1 7	1		_ 1	NA	B 486	-	4	1	_]	
	A	20/10/20								Total S	Sec. 5		



DID YOU KNOW...

- √ All grain products are wholegrain rich
- √ There are no pork products on this menu
- Meats are lean and cheeses are low fat
- √ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Com Syrup

Breakfast Milk Choices

1% Unflavored Milk Skim Unflavored Milk

Please Note

Locally Grown Component Served Daily

Menu is subject to change

Vegetarian Meal Option indicated with a "V"



Lunch K-8

			1		10						
	- 1		1. 3		9 8	1	n 10	V	No. 1		4
		A 4	1 1		19	A	. 4	A ARRI	MF A	8 100	N A SE
No.	- 1	, page 1		B. '	- 1	ann T	AV	B 2000	and a	1 1 1	
15					MARKET THE PARTY NAMED IN		and bearing	Handill St.	Santanian S	mod lane	_
2000											

				NA.
MON	TUE	WED	THU	FRI
1 School Closed	2 School Closed	3 Spaghetti & Beef Meatballs in Tomato Sauce	4 Crispy Cheesy Chicken Biscuit Sandwich & Celery Sticks w/ Ranch Dressing	Cheese Pizza (V) Baby Carrots w/ Ranch
	 	Broccoli Fresh Apple	Fresh Banana	Dressing Fresh Apple
8 Chicken Nuggets w/ Ketchup & Baked Beans Fresh Apple	Home-Style Macaroni & Cheese (V) Broccoli Fresh Pear	NEW! Hot Honey Chicken Ciabatta Sandwich or French Toast Sticks w/ Scrambled Eggs (V) Roasted Sweet Potatoes Fresh Apple	Adobo Chicken w/ Cilantro Brown Rice & Street Corn or Veggie Burger w/ Ketchup & Roasted Potatoes (V) Fresh Banana	French Bread Cheese Pizza (V) Celery w/ Ranch Dressing Fresh Apple
15 School Closed	BBQ Chicken w/ Brown Rice & Baked Beans Fresh Pear	17 NEW! Buffalo Chicken Melt Flatbread & Celery Sticks w/ Ranch Dressing Fresh Apple	Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V)	19 Chicken Salad Sandwich or Cheese Pizza (V) Garden Salad w/ Ranch Dressing Fresh Apple
22 BBQ Beef Meatballs w/ Club Roll or Pasta w/ Tomato Sauce & Mozzarella Cheese (V) Broccoli Fresh Apple	23 Chicken Tenders w/ Ketchup & Roasted Potatoes Fresh Pear	Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Apple	25 Chicken Caesar Salad w/ Pita Bread or Cheese Lasagna in Tomato Sauce w/ Green Beans (V) Fresh Banana	French Bread Cheese Pizza (V) Baby Carrots w/ Ranch Dressing
Beef Cheeseburger w/ Ketchup	30 Chicken Fajita w/ Black Beans & Tomato or Spanish Rice w/ Beans & Cheese (V) Fresh Pear	31 Spaghetti & Beef Meatballs in Tomato Sauce w/ Broccoli or Veggie Burger w/ Ketchup Garden Side Salad w/ Ranch Dressing (V)		Fresh Apple

DID YOU KNOW...

- √ All grain products are wholegrain rich
- √ There are no pork products on this menu
- √ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Com Syrup

Lunch Milk Choices 1% Unflavored Milk Skim Unflavored Milk

Please Note

Locally Grown Component Served Daily

Menu is subject to change

Vegetarian Meal Options are indicated with a "V"



Fresh Apple

Fresh Apple