

August

BREAKFAST

NSLP Hot & Cold Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cinnamon Crumble (V) Zee Zees Cinnamon Crisp Bar (V) (DF)	2 Waffle with Syrup (V) Blueberry Burst Muffin (V) Cinnamon Chex with Educational Snacks (V)	3 Classic Cheese Omelet (V) Lemon Muffin (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	4 Buttermilk Pancakes (V) Blueberry Burst Bagel (V) Cheerios (V) (DF)	5 Vanilla Concha Bread (V) Yogurt & Educational Snacks (V)
8 Corn Chex (V) Yogurt & Cinnamon Grahams (V)	9 Classic Chicken Sausage & Cheddar Bagel Banana Muffin (V) Plain Bagel (V)	10 Waffle with Syrup (V) Cinnamon Grahams (V) Yogurt & Educational Snacks (V)	11 Classic Cheese Omelet (V) French Toast Muffin (V) Zee Zees Cinnamon Crisp Bar (V) (DF)	12 Cinnamon Chex with Educational Snacks (V) Cinnamon Crumble (V)
15 BlueBerry Chex (V) (DF) Cheerios (V) (DF)	16 Waffle with Syrup (V) Blueberry Burst Muffin (V) Yogurt & Educational Snacks (V)	17 Cheddar Cheese & Omelet Gordita (V) Blueberry Burst Bagel (V) Cinnamon Crumble (V)	18 Buttermilk Pancakes (V) Lemon Muffin (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	19 Vanilla Concha Bread (V) Yogurt & Cinnamon Grahams (V)
22 Cinnamon Chex with Educational Snacks (V) Zee Zees Berry Apple Crisp Bar (V) (DF)	23 French Toast Sticks (V) Banana Muffin (V) Yogurt & Educational Snacks (V)	24 Egg & Cheddar English Muffin Sandwich (V) Corn Chex (V) French Toast Muffin (V)	25 Corn Chex (V) Yogurt & Cinnamon Grahams (V)	26 Cinnamon Crumble (V) Zee Zees Cinnamon Crisp Bar (V) (DF)
29 Cinnamon Crumble (V) Zee Zees Cinnamon Crisp Bar (V) (DF)	30 Waffle with Syrup (V) Blueberry Burst Muffin (V) Cinnamon Chex with Educational Snacks (V)	31 Classic Cheese Omelet (V) Lemon Muffin (V) Zee Zees Berry Apple Crisp Bar (V) (DF)		

How was your meal? Take our short survey to let us know! Our chefs use your feedback to improve & develop new recipes. You can use the same link every time you eat our food!

[surveymonkey.com/r/mealsatisfactionsurvey](https://www.surveymonkey.com/r/mealsatisfactionsurvey)



revolution foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Dairy-Free (DF)

Vegetarian (V)

August



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Bites (DF) Flame-Broiled Beef Cheeseburger SunButter & Jelly Sliced Sandwich Kit (V) Steamed Corn (V) (DF)	2 Creamy Chicken & Macaroni The Revolution Dog (DF) Plain Bagel with Cream Cheese (V) Diced Carrots (V) (DF)	3 Classic Spaghetti & Meatballs (DF) Oven Roasted Chicken Sandwich (DF) Cheese Sub Sandwich (V) Chili Citrus Black Beans & Corn (V)	4 BBQ Beef Rib Sandwich (DF) Cheese Pizza (V) Veggie Chef Salad (V) Chopped Romaine (V) (DF) Tomato Slices (V) (DF)	5 Chicken Teriyaki with Brown Rice (DF) Five Cheese Lasagna (V) Chicken Salad Sandwich (DF) Coleslaw (V) (DF)
8 Bean & Cheese Burrito (V) Crispy Chicken Sandwich (DF) Cheese Pizza Kit (V) Diced Carrots (V) (DF)	9 Chicken Bites (DF) Chicken Taco Duo Cheese Sub Sandwich (V) Seasoned Green Beans (V) (DF)	10 Pancakes & Cheesy Omelet (V) Flame-Broiled Beef Cheeseburger Egg Salad Sandwich (V) (DF) Seasoned Carrots, Corn & Peas (V)	11 Creamy Pasta Alfredo (V) Pasta Lo Mein with Beef Teriyaki Meatballs (DF) Chicken Salad Sandwich (DF) Seasoned Blanched Broccoli Florets (V) (DF)	12 Cheese Enchilada (V) Orange Breaded Chicken (DF) Turkey Sandwich (DF) Black Beans (V) (DF)
15 Bean & Cheese Pupusa (V) The Revolution Dog (DF) SunButter & Jelly Sliced Sandwich Kit (V) Green Peas (V) (DF)	16 Creamy Pasta Alfredo (V) Flame-Broiled Beef Hamburger (DF) Veggie Chef Salad (V) Diced Carrots (V) (DF)	17 Cheese Tamale with Rice & Beans (V) Chicken Teriyaki Noodles (DF) Chicken Salad Sandwich (DF) Chili Citrus Black Beans & Corn (V)	18 BBQ Beef Rib Sandwich (DF) Five Cheese Lasagna (V) Bagel with Cream Cheese (V) Fresh Green Leaf Lettuce & Tomato Slices (V) (DF)	19 Cheese Pizza (V) Pasta Lo Mein with Beef Teriyaki Meatballs (DF) Cheese Sub Sandwich (V) Coleslaw (V) (DF)
22 Bean & Cheese Burrito (V) Flame-Broiled Beef Hamburger (DF) Cheese Pizza Kit (V) Diced Carrots (V) (DF)	23 Chicken Tamale with Seasoned Rice (DF) Classic Spaghetti & Meatballs (DF) Cheese Sub Sandwich (V) Lemon Pepper Green Beans (V) (DF)	24 Pancakes & Cheesy Omelet (V) Chicken Bites (DF) Turkey Sandwich (DF) Seasoned Carrots, Corn & Peas (V)	25 Cheese Pizza (V) Chicken Tamale with Seasoned Rice (DF) Chicken Salad Sandwich (DF) Seasoned Blanched Broccoli Florets (V) (DF)	26 Cheese Enchilada (V) Hot Meatball Sub Egg Salad Sandwich (V) (DF) Poppin' Pintos (V)
29 Chicken Bites (DF) Flame-Broiled Beef Cheeseburger SunButter & Jelly Sliced Sandwich Kit (V) Steamed Corn (V) (DF)	30 Creamy Chicken & Macaroni The Revolution Dog (DF) Bagel with Cream Cheese (V) Diced Carrots (V) (DF)	31 Classic Spaghetti & Meatballs (DF) Oven Roasted Chicken Sandwich (DF) Cheese Sub Sandwich (V) Chili Citrus Black Beans & Corn (V)		

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Vegetable of the Day
Dairy-Free (DF)
Vegetarian (V)

options available daily – if not listed on the menu, available upon request